

THE WESTIN
TOKYO

Le Spa Parisien

Treatment Menu

SPA JOURNEY

Experience a sensory spa journey in the privacy of our spa suite.

Treat yourself to a relaxing and invigorating retreat with our signature treatments.

Parisien signature 240 minutes ¥70,000

This rejuvenating treatment is designed to enhance your beauty and well-being in our spa suite featuring a European copper bath tub.

- Marine exfoliation 30 minutes
- Fascia body work 90 minutes
- Milk & aroma bath 30 minutes
- Facial therapy 90 minutes (treatment of your choice)

Personalize 180 minutes ¥56,000

Personal consultation from our experienced therapists to help you choose the perfect treatment your body desires. A delightful reward for yourself or a gift to someone special - nurture both your body and soul for a complete rejuvenation.

*Please contact our associates for further details.

SPA FOR TWO

Enjoy an exclusive retreat with your loved one in the privacy of our spa suite for a romantic and relaxing time.

Couple Treatment 70 minutes ¥40,000

- Foot bath 10 minutes
- Body or Facial treatment 50 minutes
- Tea time 10 minutes

PACKAGE (BODY&FACIAL)

Body and facial treatments tailored to cater to your mood and body condition.

Relax 120 minutes ¥36,000

Release therapy to ease your tension and facilitate good sleep

- Original Swedish 60 minutes
- Facial therapy 60 minutes (treatment of your choice)

Refresh 120 minutes ¥36,000

Revitalize your fatigued muscles after work-out with this deep tissue treatment.

- Deep Tissue 90 minute
- Petit Facial or Head therapy 30 minutes

Harmony 90 minutes ¥30,000

Customized to rejuvenate and harmonize your face and body.

- Customized body treatment 45 minutes (3 body areas)
- Facial therapy 45 minutes (excluding face mask)

Restore 90 minutes ¥29,000

Reset your body clock and get rid of your tiredness to balance your automatic nerves system.

- Jet lag therapy 60 minutes
- Spa Enhancement of your choice 30 minutes

BODY THERAPY

Our veteran therapists will cater to your needs by “listening” and “responding” to your body’s current state of being for your perfect one and only renewal. You can choose from our three aroma oil blends for 90-minute treatments and customized body therapies.

<BALANCING>

Myofascial release therapy to balance your body and mind

Fascia body work 90 minutes ¥30,000

Signature treatment at Le Spa Parisien effective for eliminating muscle pain and tensions. *Myofascia is a collagen fiber that covers and connects the muscle and cells. Myofascial release therapy relaxes and stretches these soft tissues to increase flexibility, help recovering from injuries, surgeries and chronic pains.

<RESET>

Myofascial release therapy focusing on the back of the body and also targets the inner layer of the muscle

Jetlag therapy 60 minutes ¥20,000

Alleviate the tension of your back, head and calves for an instant recharge with myofascial release techniques. Recommended after long journeys or deskwork fatigue.

Deep tissue 60 / 90 minutes ¥18,000 / ¥28,000

This deep tissue therapy using elbows alleviates muscle fatigue after workout or chronic muscle pains and tensions. Recommended for guests who prefer firm pressure.

<MADE TO ORDER>

Customized therapy according to your need

Customized body therapy 60 / 90 minutes ¥19,000 / ¥29,000

Customized treatment designed to address your specific needs.

■ Relax ■ Refresh ■ Harmony ■ Reset *All prices are subject to consumption tax and 13% service charge.

<RELAX>

Healing therapy to unwind your body and mind

Hot stone therapy 90 minutes ¥33,000

Release tension and stimulates blood circulation with smooth warmed basalt stones.

Original Swedish 60 / 90 minutes ¥17,000 / ¥27,000

A traditional oil therapy with rhythmical strokes.

<DETOX THALASSO>

Balance your physical condition by replenishing vital minerals that

improves your metabolism to remove body impurities. *Available for women only

Slimming body 120 minutes ¥36,000

Body-shaping treatment for your full body to increase metabolism. (Exfoliation, body-shaping treatment complete with body wrap) Highly recommended for its intensive care.

Mud wrap 60 minutes ¥20,000

Heated treatment to detoxify the body and stimulate sweating with applications of mineral-rich sea mud after body scrub.

<MATERNITY>

The ideal treatment soothing your fatigue during pregnancy

Maternity bliss 60 minutes ¥21,000

A gentle therapy targeted at your tired lower back and legs during your pregnancy.

*Available only after 16 weeks of pregnancy.

■ Relax ■ Refresh ■ Harmony ■ Reset *All prices are subject to consumption tax and 13% service charge.

FACIAL THERAPY

Your complexion reflects your inner well-being, keep your skin youthful and flawless with our selection of facial therapies.

<REJUVENATE>

Youth Facial 90 minutes ¥33,000

This intensive facial treatment reverses the signs of aging with immediate and long-lasting results. It revives skin radiance and alleviates wrinkles and sagging due to aging or UV damage.

<SENSITIVE>

Sensitive Facial 60 minutes ¥21,000

This facial is formulated to address the sensitivity of all skin types. It soothes all symptoms of discomfort and balances the skin's tolerance threshold.

<DETOX>

Lymphatic Drainage Facial 90 minutes ¥29,000

Relieve fatigue and tone your skin by using lymphatic drainage techniques leaving you feeling renewed with energy.

Phyto Essence Facial 60 minutes ¥20,000

Phyto essence detoxifies your skin and restores your natural beauty. It is also recommended for acne prone skin.

SPA ENHANCEMENTS

Elevate your spa experience with the following add-on options.

Petit facial 30 minutes ¥10,000

An express cleansing facial followed by oil therapy of your face and décolletage.

Marine exfoliation 30 minutes ¥9,000

This full body exfoliation with mineral-rich seaweed is perfect to boost and even out your skin tone to restores radiance.

Milk & aroma bath 30 minutes ¥9,000

Treat yourself to an aromatic milk bath in our spa suite to soothe and moisturize your skin.

Head therapy 30minutes ¥9,000

An intensive head and neck therapy based on oriental techniques to balance the body's meridian and energy flow. Also effective for eliminating eyestrain.

Partial body therapy 30 minutes ¥9,000

Extend your therapy session with a designated body part of your choice.

Suite upgrade

Treatment time + 10 minutes ¥7,000

Upgrade to our spa suite for an exclusive experience for two persons.
(except for Spa Voyage and Couple Treatment)

FACILITIES

Treatment Rooms

Our treatment rooms named after French regions take you on a graceful spa journey of rejuvenation.

Upgrade to the luxury suite for a more private ambiance and indulge in a divine moment in the exquisite bronze bathtub made by craftsmen in Europe.

Aqua Area

Take your time and relax in the Aqua Area before the treatment.

Calm your mind in the steam room surrounded by grapefruits and mint aroma and relax your muscles in the jet bath that brings out the best treatment results.

Relaxation Lounge

Take your time to rest and unwind after the treatment over a cup of herb tea in the Relaxation Lounge with private sections divided by optic curtains.

Wellness at Westin

No matter what obstacles travel puts between you and your well-being, our signature wellness programs help you soar above it all. Here you can eat, sleep, move, feel, work and play well, transcending the rigors of travel while you're on the road.

REMARKS

Arrival

We suggest arrival 30 minutes prior to the scheduled appointment.

We suggest arrival 45 minutes to an hour before your treatment should you wish to enjoy our aqua area facilities. For enhanced results, it is recommended that guests use the aqua area to relax and warm body temperature before treatments. As a courtesy to other guests, all treatments will be completed on schedule. Late arrivals will result in reduced treatment time and full charges will apply.

Aqua area

All spa treatment guests can enjoy aqua area facilities before and after their treatment. We may decline entry of guests with body art or tattoo to the aqua area. In-house guests may use the Aqua area without spa treatment (charge applies).

Cancellations

It is highly appreciated if cancellation of treatments can be notified to us by 21:00, one day prior to appointment date. Otherwise the following cancellation fee applies.

More than 4 hours advance notice: **Waived**

Within 4 hours advance notice: **50% of reserved treatment fee**

No show: **Full reserved treatment fee**