

# Le Spa Parisien

## Treatment Menu

## **SPA JOURNEY**

Experience a sensory spa journey in the privacy of our spa suite. Treat yourself to a relaxing and invigorating retreat with our signature treatments.

### **Parisien signature 240 minutes ¥87,000**

This rejuvenating treatment is designed to enhance your beauty and well-being in our spa suite featuring a European copper bath tub.

- Marine exfoliation 30 minutes
- Fascia body work 90 minutes
- Milk & aroma bath 30 minutes
- Facial therapy 90 minutes (treatment of your choice)

### **Personalize 180 minutes ¥70,000**

Personal consultation from our experienced therapists to help you choose the perfect treatment your body desires. A delightful reward for yourself or a gift to someone special -nurture both your body and soul for a complete rejuvenation.

\* Please contact our associates for further details.

## **SPA FOR TWO**

Enjoy an exclusive retreat with your loved one in the privacy of our spa suite for a romantic and relaxing time.

### **Couple Treatment 75 minutes ¥52,000/2people**

- Foot bath 10 minutes
- Body or Facial therapy 45 minutes
- Head or Foot therapy 10 minutes
- Tea time 10 minutes

## **PACKAGE (BODY&FACIAL)**

Body and facial treatments tailored to cater to your mood and body condition.

### **Relax 120 minutes**

**¥46,000**

Release therapy to ease your tension and facilitate good sleep

- Original Swedish 60 minutes
- Facial therapy 60 minutes ( treatment of your choice )

### **Harmony 90 minutes**

**¥37,000**

Customized to rejuvenate and harmonize your face and body.

- Customized body treatment 45 minutes (3 body areas)
- Facial therapy 45 minutes (excluding face mask)

### **Restore 90 minutes**

**¥36,000**

Reset your body clock and get rid of your tiredness to balance your automatic nerves system.

- Jet Lag Therapy 60 minutes
- Head Therapy 30 minutes

### **Renewal 60 minutes**

**¥25,000**

Back Oil Therapy & Basic Facial care

- Back Therapy 30 minute
- Petit Facial 30 minutes

## **BODY THERAPY**

Our veteran therapists will cater to your needs by “listening” and “responding” to your body’s current state of being for your perfect one and only renewal. You can choose from our three aroma oil blends for 90-minute treatments and customized body therapies.

### **<BALANCING>**

Myofascial release therapy to balance your body and mind

**Fascia body work 90 minutes ¥37,000**

Signature treatment at Le Spa Parisien effective for eliminating muscle pain and tensions.

\*Myofascia is a collagen fiber that covers and connects the muscle and cells. Myofascial release therapy relaxes and stretches these soft tissues to increase flexibility, help recovering from injuries, surgeries and chronic pains.

### **<RESET>**

Myofascial release therapy focusing on the back of the body and also targets the inner layer of the muscle

**Jetlag therapy 60 minutes ¥25,000**

Alleviate the tension of your back, head and calves for an instant recharge with myofascial release techniques. Recommended after long journeys or deskwork fatigue.

**Deep tissue 60 / 90 minutes ¥24,000 / ¥35,000**

This deep tissue therapy using elbows alleviates muscle fatigue after workout or chronic muscle pains and tensions. Recommended for guests who prefer firm pressure.

### **<MADE TO ORDER>**

Customized therapy according to your need

**Customized body therapy 60 /90 minutes ¥25,000 / ¥36,000**

Customized treatment designed to address your specific needs

## <RELAX>

Healing therapy to unwind your body and mind

### **Hot stone therapy 90 minutes**

**¥41,000**

Release tension and stimulates blood circulation with smooth warmed basalt stones.

### **Original Swedish 60 minutes**

**¥23,000**

A traditional oil therapy with rhythmical strokes.

## <DETOX THALASSO>

Balance your physical condition by replenishing vital minerals that improves your metabolism to remove body impurities. \* Available for women only

### **Slimming body 120 minutes**

**¥46,000**

Body-shaping treatment for your full body to increase metabolism.  
(Exfoliation, body-shaping treatment complete with body wrap)  
Highly recommended for its intensive care.

## <MATERNITY>

The ideal treatment soothing your fatigue during pregnancy

### **Maternity bliss 60 minutes**

**¥26,000**

A gentle therapy targeted at your tired lower back and legs during your pregnancy.

\* Available only after 16 weeks of pregnancy.

## **FACIAL THERAPY**

Your complexion reflects your inner well-being, keep your skin youthful and flawless with our selection of facial therapies.

### **< REJUVENATE >**

**Youth Facial 90 minutes ¥44,000**

This intensive facial treatment reverses the signs of aging with immediate and long-lasting results. It revives skin radiance and alleviates wrinkles and sagging due to aging or UV damage.

### **< Organic >**

**Organics Facial 60 minutes ¥25,000**

This treatment with a fresh scent awakens the skin and gives it instant radiance.

Organic & Vegan products Certified by Eco cert.

### **< DETOX >**

**Lymphatic Drainage Facial 90 minutes ¥36,000**

Relieve fatigue and tone your skin by using lymphatic drainage techniques leaving you feeling renewed with energy.

**Phyto Essence Facial 60 minutes ¥25,000**

Phyto essence detoxifies your skin and restores your natural beauty. It is also recommended for acne prone skin.

## **SPA ENHANCEMENTS**

Elevate your spa experience with the following add-on options.

### **Petit facial 30 minutes ¥12,000**

An express cleansing facial followed by oil therapy of your face and décolletage.

### **Marine exfoliation 30 minutes ¥11,000**

This full body exfoliation with mineral-rich seaweed is perfect to boost and even out your skin tone to restores radiance.

### **Milk & aroma bath 30 minutes ¥11,000**

Treat yourself to an aromatic milk bath in our spa suite to soothe and moisturize your skin.

### **Head therapy 30minutes ¥11,000**

An intensive head and neck therapy based on oriental techniques to balance the body's meridian and energy\_low. Also effective for eliminating eyestrain.

### **Partial body therapy 30 minutes ¥11,000**

Extend your therapy session with a designated body part of your choice.

### **Back Hot Stone 30minutes ¥11,000**

Additional Hot Stone Therapy on the Back

### **◆Staff Reservation Fee¥2,200**

Additional Fee if you choose a therapist

### **◆Suite upgrade Treatment time + 10 minutes ¥8,000**

Upgrade to our spa suite for an exclusive experience for two persons.  
(except for Spa Voyage and Couple Treatment)

◆Any Discounts are not applicable for these two.

## **FACILITIES**

## **Treatment Rooms**

Our treatment rooms named after French regions take you on a graceful spa journey of rejuvenation.

Upgrade to the luxury suite for a more private ambiance and indulge in a divine moment in the exquisite bronze bathtub made by craftsmen in Europe.

## **Aqua Area**

Take your time and relax in the Aqua Area before and after the treatment.

Calm your mind in the steam room surrounded by aroma and relax your muscles in the jet bath that brings out the best treatment results.

## **Relaxation Lounge**

Take your time to rest and unwind after the treatment over a cup of herb tea in the Relaxation Lounge with private sections divided by optic curtains.

## **Wellness at Westin**

No matter what obstacles travel puts between you and your well-being, our signature wellness programs help you soar above it all. Here you can eat, sleep, move, feel, work and play well, transcending the rigors of travel while you are on the road.

## **REMARKS**

## **Arrival**

We suggest arriving at least 20 minutes before your scheduled appointment time. We suggest arriving 45 minutes before your treatment should you wish to enjoy our aqua area facilities. For enhanced results, it is recommended to relax and warm your body in the aqua area before treatments. As a courtesy to other guests, all treatments will be completed on schedule. Late arrivals will result in reduced treatment time and full charges will apply.

## **Aqua area**

All spa treatment guests can enjoy aqua area facilities before and after their treatment. We may decline entry of guests with body art or tattoo to the aqua area.

## **Cancellations**

If you wish to cancel your reservation, please contact us by 18:00 one day before your treatment date. Cancellations made on the day of your reservation will incur a cancellation fee.

Cancellations made before treatment time: 50% of the treatment fee

No show: Full treatment fee

## **Usage**

Spa usage is restricted to guests of 18 years old or above. Any person who makes inappropriate comments or conducts to other guests or employees of the spa will be asked to immediately terminate the treatment or leave the facility, and will not be allowed to enter in the future.



